

Beginner's List of LGBTQ Programs and Resources

Updated Aug 2017

Simcoe Muskoka

Gilbert Centre

www.gilbertcentre.ca, info@gilbertcentre.ca, 705-722-6778



The Gilbert Centre provides social and support services to empower, promote health, and celebrate the lives of people living with and affected by HIV and other sexually transmitted infections (STI) and the individuals and families from the lesbian, gay, bisexual, transgender, queer (LGBTQ) communities of Simcoe Muskoka.

Programs:

Gender Diverse & Trans Programming – Trans people can obtain personal support and case management about transitioning, name & gender marker change forms, and hormone therapy.

Safer Spaces – A capacity building program to work with service providers to create more inclusive and accessible services for LGBTQ individuals and families through audits, policy consultations, professional development workshops, and best practices.

Gay/Bi/MSM Sexual Health Program – Responding to the health needs of gay, bisexual and other men who have sex with men, through education, online outreach, and community events. Guys can chat about sexual practices, information on HIV & sexually transmitted infections (STI), STI testing, coming out, and more.

Gender Journeys – An eight-week program that explores gender identity, gender roles, and sexual orientation. Facilitated by members in the trans community. Inquire about upcoming program dates.

LGBT Youth Connection – Social and peer support group for LGBTQ youth aged 16-23, running in Barrie, Orillia, and Midland. A Junior version of the group for LGBTQ youth 12-15 starting in Barrie, September 2017.

Men's Social Group – A semi-monthly Social and peer support group for gay/bi/queer men.

Trans* Q Group – Discreet weekly meetings for trans men, trans women, non-binary, gender variant folk & people who are questioning, as well as our loved ones, to hang out and learn.

Parenting Groups – Social and peer support group for parents, friends, and family members of LGBTQ youth, runs semi-monthly in Barrie.





the gilbert centre

Simcoe Muskoka LGBTQ Network

coling@gilbertcentre.ca

A network of professionals and service providers to connection, collaborate, and share resources in order to best serve LGBTQ individual and families, and improving services to becoming LGBTQ accessible.



Barrie Pride

www.barriepride.com, info@barriepride.com, 705-881-5606

Barrie Pride exists to celebrate the history, courage, diversity and future of Barrie's LBTTIQQ2SA* communities.



Simcoe Pride

www.simcoepride.com

To create and offer inclusive events, services, and educational opportunities that rise above heterosexism, hetero-normativity and homo/bi/transphobia, promoting safe communities within Simcoe County.



Muskoka Pride

www.muskokapride.com, 1-866-659-LGBT (5428), muskokapride@gmail.com

To increase awareness of the LGBTQA community of Muskoka and create opportunities for inclusivity within the local region that overcome heterosexism and homo/bi/transphobia providing a safe community for LGBTQA people.



PFLAG

www.pflagcanada.ca, National Support Line, 1-888-530-6777 ext 224 (Toll-free)

PFLAG Canada is a national charitable organization, founded by parents who wished to help themselves and their family members understand and accept their non-heterosexual children. The "coming-out" process can be a critical time for families. When the adjustment period is particularly long or painful, relationships can become permanently damaged, resulting in a lifetime of emotional scars. People cannot always rise above the challenge of accepting themselves or their family member, and the results can be devastating, even fatal. We support these families through today, and give them hope for a better tomorrow.



Barrie Chapter: Contact Person: Chapter Leader Needed, barrieon@pflagcanada.ca

Muskoka Chapter: Contact Person: Sara Hay, 866-843-6369, muskokaon@pflagcanada.ca



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Provincial

Rainbow Health Ontario

www.rainbowhealthontario.ca

Rainbow Health Ontario (RHO) is a province-wide program working to improve access to services and promote the health of our lesbian, gay, bisexual, trans and queer (LGBTQ) communities. We provide valuable resources for all stakeholders including: community groups, service providers, researchers, policy makers and educators.



Rainbow Health Ontario

LGBTQ Parenting Network

www.lgbtqpn.ca

The LGBTQ Parenting Network is a program of Sherbourne Health Centre. We support lesbian, gay, bisexual, trans and queer parenting through training, research, resource development and community organizing.



519

www.the519.org

The 519 is committed to the health, happiness and full participation of the LGBTQ community. A City of Toronto agency with an innovative model of Service, Space and Leadership, we strive to make a real difference in people's lives, while working to promote inclusion, understanding and respect.



LGBT Youth Line

www.youthline.ca, 1-800-268-9688, txt 647-964-4275

The Lesbian Gay Bi Trans Youth Line exists to provide service for youth, by youth that affirms the experiences and aspirations of lesbian, gay, bisexual, transsexual, transgender, 2-spirited, queer and questioning youth in Ontario. Working within an anti-oppression and anti-racist framework, we provide leadership opportunities, outreach, confidential peer support and referrals by telephone, texting and online.



OCASI Positive Spaces Initiative

www.positivespaces.ca, 416-322-4950 x265 or x252, PSI@ocasi.org

The Positive Spaces Initiative (PSI) was developed by OCASI to share resources and increase organizational capacity across the sector to more effectively serve LGBTQ newcomers.



National

Egale – Canada Human Rights Trust

www.egale.ca

Egale Canada Human Rights Trust is Canada's only national charity promoting lesbian, gay, bisexual, and trans (LGBT) human rights through research, education and community engagement.

